

WATER SAFETY

FOR ALL AGES

NEW BABY

PROTECT YOUR NEW BABY FROM WATER HAZARDS AT HOME

Drowning can happen to any family. It's quick, and it's silent. Never—even for a moment—leave young children alone or in the care of another child while in or near bathtubs, toilets, pools, spas, wading pools, irrigation ditches, ponds, or other standing water. During swim times, designate a "Water Watcher"—an adult who will stay within arm's reach of children in the water.

 <p>Stay within arm's reach whenever your baby is near water.</p>	<p>Never leave a child alone in a bathtub or in the care of another child, even for a moment.</p> 
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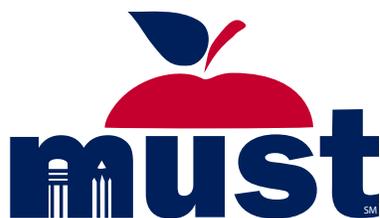
TODDLER

NURTURE THEIR CURIOSITY WHILE KEEPING THEM SAFE

Keep them within arm's reach at all times whenever you're around water. But remember, water safety is not just about pools! Kids can drown in as little as 1 inch of water. Installing bathroom door locks and toilet latches, and emptying all buckets, pools and tubs helps keep curious little ones safe.

 <p>Empty buckets, bathtubs, and wading pools after each use.</p>	 <p>Install a latch or doorknob cover on bathroom doors. Install latches on toilets.</p>
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Source: healthychildren.org



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START SWIM LESSONS EARLY

Everyone should learn how to swim. When to start swimming lessons is an individual decision for parents, based on their child's development. Talk with your pediatrician about whether your child is developmentally ready. Remember, even with swim lessons, other drowning prevention measures are still needed!

Drowning prevention is a family activity!

Swim lessons for parents and toddlers are a first step toward water safety.



TEEN

HELP YOUR TEEN BE WATER SMART

When it comes to water safety, be a good role model for your teen! That means always wearing life jackets when boating and making sure your teen understands how using alcohol and drugs increases the risk of drowning.

Help your teen get water smart:

- Learn to swim from a qualified instructor.
- Choose safe places to swim.
- Learn to recognize hidden obstacles and rip currents.
- Never go in the water after drinking alcohol.
- Never swim alone.



SWIMMING POOLS

MAKE SAFETY A PRIORITY IF YOU OWN A SWIMMING POOL

Do you have a pool at home? Pool alarms and rigid pool covers may provide some layers of protection, but they are not enough. The most effective drowning prevention strategy is a 4-sided fence that is at least 48 inches tall, with self-closing and self-latching gates that completely separates the pool from the house.

Have a pool?

Be sure it's **surrounded on all sides by a fence** that is

- At least 4 feet high
- Has a self-latching, self-closing gate
- Non-climbable

