To ensure the safety of patients and staff, CareHere will slowly start evaluating and resuming the following: non-acute/non-urgent visits, physical exams and routine monitoring, procedures, wellness visits, and lab services.

This will be done in the following fashion—

- Determine what visits can and should remain televisits to continue to limit unnecessary exposure
- Staff will wear masks during all face to face interactions with patients
- Patients may be asked to wear a mask depending on symptoms
- Only patients will be allowed to enter the health center unless impractical based on age (family members will not be permitted if not necessary)
- Limit to 2-3 patients in waiting room at one time for social distancing practices
  - If more than 3 patients are waiting to be seen, excess patients will be requested to wait in their vehicle and will be called in by a staff member when it is their turn
- All patients who are coming into the health center for a face to face visit will be asked the COVID screening questions and have their temperature taken
  - If the COVID screening is positive and/or the temperature reading is 100.0F or greater, the patient will be asked to return to their vehicle and complete their appointment telephonically

Thank you for your patience and understanding during this time. Your safety and the safety of staff is always priority.

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**WHAT TO DO IF YOU FEEL SICK?**

Most people have mild illness and are able to recover at home. If you think you are sick:

**Stay home and call your doctor** for medical advice if you think you have been exposed to COVID-19 and develop symptoms. Older adults and people of any age with serious underlying medical conditions should call a health care provider as soon as symptoms start.

**Separate yourself from other people in your home.** On your own, clean and disinfect all surfaces daily and high-touch surfaces frequently throughout the day in your sick room and designated bathroom. Have a healthy household member do the same for surfaces in other parts of the home.

**Wear a cloth face cover** if you are around other people (e.g., sharing a room or vehicle) and before you enter a health care provider’s office. See CDC guidelines.