

Answer our call  
for better health!



**BlueCross BlueShield  
of Montana**

Blue Care Connection (BCC) is available to you at no extra cost. And all BCC services are provided by licensed health professionals located in the United States.

A Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

We are calling to let you know about resources that can help you lead a healthier life. These programs are provided by your employer at no additional cost to you. It's one call you want to take!

For nearly 75 years, Blue Cross and Blue Shield of Montana (BCBSMT) has provided health care coverage for Montanans.

If you are a BCBSMT member and get a call from Blue Care Connection, it isn't a sales call – we are calling to help you better manage your health. Our registered nurses and health professionals are here to support you and your covered family members with:

- Managing chronic conditions like diabetes, asthma, heart disease, back pain and more
- Losing weight or quitting tobacco
- Getting the care needed for injuries or other serious illnesses
- Having a healthy pregnancy and baby

To protect your privacy, when we call we will ask you for information, like your name, date of birth or home address, to make sure that we are talking to you. Any information you provide to BCBSMT is private and confidential and will not be shared with your employer.

We look forward to helping you.

[bcbsmt.com](http://bcbsmt.com)