

Montana Unified School Trust (MUST) wants to make sure you get the care you need when and where you need it.

MUST understands how valuable your time is. Schedules and distance can often make it more challenging to see your provider when you're sick.

When you're sick, deciding where to get care is the last thing you want to worry about. Understanding your options now will make decisions easier when you need immediate care.

Provider Finder/Cost Tool




You have access to an innovative tool for choosing your provider, *plus* estimate and manage your health care costs when you sign into your Blue Access for Members (BAM) account. The Provider Finder and Find a Cost tool can be found under the "Doctors & Hospitals" tab. You can estimate the cost of a medical service, as well as your out-of-pocket share of the cost, based on your information and medical plan.

What is Blue Access for Members (BAM)?

BAM is a secure member website that provides access to health care benefit information, claim status and history, and easy-to-use tools from your computer or mobile device. To register or sign-in, visit bcbsmt.com → Member Services.

Alternate Ways to Access Care

MUST offers added flexibility when it comes to getting the care YOU need, when and where YOU need it!

-  MDLive Virtual Visits
-  CareHere Health Centers
-  24/7 Nurse Line

Did You Know...

Average Cost

Virtual Visit	\$25 / \$40*
Provider Office Visit	\$115
Urgent Care	\$170
Emergency Room	\$765

*Depending on your medical plan

MDLive Virtual Visits

Virtual Visits, or telehealth, are an efficient and cost-effective care solution. For a simple co-pay (\$25 or \$40 depending on your medical plan), non-emergency health conditions can be addressed via online video or mobile app.

Non-Emergency Medical Conditions:		Pediatric Care:
Allergies	Headache	Cold & flu
Cold & flu	Insect bites	Earache
Diarrhea	Nausea	Nausea
Earache	Pinkeye	
Fever	Sore Throat	

Accessing Virtual Visit care is as easy as 1-2-3!

1. One-time MDLive account activation.

To access the MDLive link from BAM, click on Virtual Visits in the Quick Links menu or under "My Coverage." Complete your profile and activate your account.

2. Request a Virtual Visit by accessing your MDLive account through BAM and complete "See a Doctor." Participate in your Virtual Visit online through your computer or mobile device. Note, if a doctor is not immediately available, often an appointment can be scheduled that same day.

3. Get well! If a prescription is necessary, the Virtual Visit provider can send your digital prescription to the pharmacy of your choice.

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CareHere Health Centers





CareHere is a great value for members, helping reduce out-of-pocket costs and offering members access to patient-oriented medical care without some of the hassles and inconveniences that can make going to the doctor seem like more trouble than it's worth.

All MUST members on a Comprehensive Major Medical (CM), Revised Major Medical (RM), High Deductible Health Plan (HDHP) or Basic Plan can access services at state-wide CareHere Health Centers (not available under Blue Option Plans). CareHere provides same day appointment, online scheduling, \$0 cost (\$55 copay for HDHP plans), as well as certain labs and diagnostic testing, including x-rays.

Appointments are booked in 20-minute increments, with average wait time less than 4 minutes. To make an appointment, visit carehere.com.

Location	Hours
Anaconda, MT 1102 Commercial St	Tues-Wed: 7 am-6 pm
Butte, MT 3703 Harrison Ave, Ste B	Mon-Wed: 7 am-6 pm Thurs: 7 am-5 pm Fri: 7 am-6 pm Sat: 8 am-1 pm
Billings, MT 1501 14th St W, Ste 230	Mon-Thurs: 7 am-6 pm Fri: 8 am-5 pm
Helena, MT 405 Saddle Dr	Mon-Fri: 7 am-6 pm Sat: 8 am-12 pm
Missoula, MT 1211 S Reserve, Ste 202	Mon-Thurs: 7 am-6 pm Fri: 9 am-6 pm

CareHere Health Centers also offer:

-  Health Coaching
-  Wellness & Nutrition Coaching
-  24/7 Nurse by Phone (855-200-6822)
-  Sports Physicals (40 minutes; schedule two 20-minute appointment blocks)